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### Swimming is a Great Sport

Swimming is a very interesting, fantastic, great activity. I think everyone should try it.

Swimming is a very good exercise because it can build up our perfect body shape as it uses every muscle in our body. It is an amazing whole-body workout.

In addition, swimming is a very enjoyable sport. You can go swimming with your friends. If you are lucky, you can make new friends too.

Moreover, swimming is quite safe. In the swimming pool, at least a life guard is on duty.

Therefore, what are you waiting for? Try this excellent sport today.