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Playing Basketball is a Great Sport

Basketball is a fantastic sport. Everyone should try it because it can make people happy.

Playing basketball is a good exercise. You have to perform a series of actions and this can exercise every muscle in your body. It is an amazing full-body exercise which releases you from stressful work.

Playing basketball is a great game in teams. You can learn about teamwork and know how to work well with your teammates.

Sports are sometimes risky and you have to take some measures to protect yourself. For example, when you play basketball, wear a pair of basketball shoes to protect your feet.

What are you waiting for? Try it! It might feel great!